

Transforming Training

Designing and Delivering Powerful Learning Experiences

If you're an experienced trainer, this two-day course will give you a comprehensive understanding of the principles of brain-friendly and accelerated learning and the inspiration, skills and confidence to apply these. You'll learn how to design and deliver training which has a much greater impact in less time, and which generates deeper learning and a commitment to apply the learning immediately.

You'll leave the programme as more imaginative, creative, energised and successful trainer and your courses will have demonstrably more impact and effect on learners. In particular you'll learn:

- How to apply the key principles of brain-friendly and accelerated learning to your training design and delivery
- How the brain works and how to use this when designing and delivering training
- Some of the most relevant findings from neuroscience and behavioural psychology which impact on learning
- How to create the ideal environment for learning
- How to create learning experiences that work for all different learning styles and preferences
- The effects of movement, the senses and emotions on learning
- How to improve cognitive function and create long-term, retrievable memories in learners
- How to engage participants and generate total learner involvement



- How to maintain learner energy levels and enthusiasm
- How to promote collaboration among learners to create a learning community
- How to facilitate learning which allows learners to use more of their abilities and develop underused learning skills
- How to design and facilitate training which delivers key messages with greater impact



"The Transforming Training course has had exactly that effect on my work as a facilitator and trainer. It's given me new ideas and the confidence to try them out. A training day with trustees recently was so much more fun, for me, as well as the board members...and I think everyone learnt things in such a brain friendly way that they will remember and be able to put into action. I thoroughly recommend Nicki's course to any trainer or facilitator who's looking for some inspiration.....it's exceeded my expectations." Joanna Davey, Facilitator and coach

Find out more or book this course for your organisation:

Email: info@salt-box.co.uk Ring 01373 837333

Visit www.salt-box.co.uk